



Skills & Development Program Schedule - Monday

Session	Date	Event
1	Monday, January 27th, 2025	Meet Your Coaches Session 1
2	Monday, February 3rd, 2025	Session 2
3	Monday, February 10th, 2025	Session 3
No Session - Monday, February 17th (Family Day)		
4	Monday, February 24th, 2025	Session 4
5	Monday, March 3rd, 2025	Session 5
No Session - Monday, March 10th (March Break)		
6	Monday, March 17th, 2025	Session 6
7	Monday, March 24th, 2025	Session 7
8	Monday, March 31st, 2025	Session 8



Skills & Development Program Schedule - Wednesday

Session	Date	Event
1	Wednesday, January 29th, 2025	Meet Your Coaches Session 1
2	Wednesday, February 5th, 2025	Session 2
3	Wednesday, February 12th, 2025	Session 3
4	Wednesday, February 19th, 2025	Session 4
5	Wednesday, February 26th, 2025	Session 5
6	Wednesday, March 5th, 2025	Session 6
No Session - Wednesday, March 12th (March Break)		
7	Wednesday, March 19th, 2025	Session 7
8	Wednesday, March 26th, 2025	Session 8